



LOOE SAILING CLUB **Sailing Instructions 2018**

1 RULES

- 1.1 All series will be governed by the racing rules of sailing, the prescriptions of the R.Y.A., the rules of the competing classes and by these sailing instructions. In cases of conflict the sailing rules will prevail.

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors shall be posted on the official notice board in the Clubhouse.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Changes to sailing instructions shall be posted before 12.00 hrs on the day they will take effect, except that any changes in the schedule of races; will be posted by 12.00 hrs on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be made at the starting point at Hannafore.

5 SCHEDULE OF RACES

- 5.1 Races are scheduled as follows:-
Saturdays Warning signal 14.25 hrs.
Thursdays Warning signal 18.25 hrs

- 5.2 Classes start in the sequence

Mirrors
Redwing
Laser
Enterprise

- 5.3 Except when mass start
Saturdays Warning signal 14.40 hrs.
Thursdays Warning signal 18.40 hrs

6 CLASS FLAGS

- 6.1 Mirrors Numeral Pennant 6
Redwing Code Flag V
Laser Class Flag
Enterprise Code Flag E
Mass Start Code Flag Y

7 **RACING AREA**

The racing area will be in Looe Bay between Millendreath and St. George's (Looe) Island except when Round the Island Race is held.

8 **THE COURSES**

8.1 All courses will be set by the safety boats prior to the start of the race.

8.2 For Saturday starts the course, order and side on which marks are to be left will be displayed from the starting point by means of numbered coloured boards. Green board to starboard, red board to port.

8.3 For committee boat starts the course configuration will be given as suitable for prevailing conditions, with a red flag for port hand courses and a green pennant for starboard hand courses.

8.4 The safety boats may at any time during the race change the position of a mark to set the best course possible but may not make a visual or sound signal to indicate this. This changes RRS 33(a) and 33(b).

8.5 The courses set will vary between Triangle Courses, Windward / Leeward Courses and Triangle / Sausage Courses to be determined on the day of the race.

9 **MARKS**

9.1 Marks will be Looe Sailing Club marks, (Yellow Inflatable Cylindrical Marks).

10 **THE START**

10.1 Races shall be started by using the following signals. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.

Minutes before Starting Signal	Visual Signal	Sound Signal	Means
5	Class flag up	One	Warning signal
4	P, I, Z, Z with I or Black Flag	One	Preparity signal
1	Preparatory flag removed	One long	One minute
0	Class Flag removed	One	Start signal

The warning signal for each succeeding class shall be made with or after the one-minute signal of the preceding Class. This changed RRS 26.

10.2 For committee boat starts the starting line will be a transit of the committee boat staff and a small orange buoy with a flag.

10.3 A yacht shall not start later than 4 minutes after her starting signal.

11 **RECALLS**

In the event of a general recall the class or classes concerned will start at four-minute intervals after the last class in the program in the same order as that in which the general recalls occurred.

In the event of an individual recall the safety boat on the pin end shall, where possible, inform the infringing boat(s) that they are over the line.

12 **THE FINISH**

- 12.1 For shore based finishes the finishing line will be between the flagpole flying the L.S.C. burgee and a large blue flag and mark 5.
- 12.2 For committee boat finishes the finishing line will be between the committee boat staff displaying a blue flag and an adjacent mark of the course.
- 12.3 The course may be shortened in accordance with RRS 32. Code Flag S displayed from the sailing point or at any mark by a safety boat displaying Code Flag S.
- 12.4 The committee boat will display a blue flag when on station at the finish.

13 **NOT IN USE**

14 **TIME LIMIT**

- 14.1 Time limit for all classes shall be 90 minutes from the first start or within 20 minutes of the first boat in its class to finish.
- 14.2 When no yacht finishes within the prescribed time limit the race will be abandoned. Notification of any re-sail or cancellation will be posted on the official notice board.

15 **PROTESTS AND REQUESTS FOR REDRESS**

- 15.1 Protests shall be lodged at Looe Sailing Club within 2 hrs of the last boat finishing.

16 **SCORING**

- 16.1 Class points will be awarded as prescribed in RRS Appendix A (low point system).
- 16.2 Three completed races shall constitute a series.
- 16.3 Each boats series score shall be:-
 - 16.3a The total of her series scores if five races are completed.
 - 16.3b Excluding her worst score if 6 to 11 races are completed.
 - 16.3c Excluding her worst 2 scores if 12 to 17 races are completed.
 - 16.3d Excluding her worst 3 scores if 18 to 23 races are completed, pro rata to the series total of completed races
- 16.4 Fisherman's points are as follows:-
 - 1st 5 points, 2nd 4 points, 3rd 3 points, all other finishers receive 2 points. Retired or disqualified 1 point and non-starters 0 points.

17 **SAFETY REGULATIONS**

- 17.1 Personal buoyancy. Competitors will wear personal buoyancy devices except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal buoyancy devices. This changes RRS 40 (personal Buoyancy).

25 **RUBBISH DISPOSAL**

Boats shall not put rubbish into the water.

26 **INSURANCE**

26.1 Each participating boat shall be insured with valid third party liability insurance with a recommended minimum of £3,000,000.

27 **RISK STATEMENT**

27.1 Rule 4 of the Racing Rules of Sailing states: “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone.”

27.2 Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

27.2a They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event.

27.2b They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore.

27.2c They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.

27.2d Their boat is in good order, equipped to sail in the event and they are fit to participate.

27.2e The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organiser does not relieve them of their own responsibilities

27.2f The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.