

## Looe Sailing Club

### COVID-19 General Guidance for Sailors/Support Teams

**Looe Sailing Club is committed to ensuring the health, safety and welfare of all Sailors and Support Teams, whilst engaged in sail racing activities under the current COVID-19 restrictions.**

The following guidelines are provided so that participants can enjoy racing in a controlled, safe environment.

Sailors and Support Team members have a duty of care to other participants, in addition to any members of the public that may be encountered during an activity.

The aim of this guidance is to reduce the risks associated with COVID-19 to an acceptable level during sailing activities.

Please note: The Club house will remain closed until further notice.

#### Reducing the risk of virus transmission:

All participants must follow the guidelines promoted by Public Health England, the NHS, The World Health Organisation on infection control and the RYA, whilst participating in/assisting with, events hosted by Looe Sailing Club.

This includes:

- Pre attendance symptom self-assessment.
- Anyone who is unwell with the symptoms of Covid-19, should avoid attending organised events.
- Anyone who has contact with a family, household member or support bubble member who is unwell with the symptoms of Covid-19, should avoid attending the club for a minimum of 14 days.
- Regularly cleaning hands using alcohol based hand rub or soap and clean water.
- Cover mouth and nose with a flexed elbow or tissue when sneezing or coughing, and avoid touching your face, nose and eyes whenever possible.
- Limit interactions and avoid being face to face with people outside your household.
- Use face coverings in enclosed spaces or where social distancing isn't possible and where there is contact between people who don't normally meet.
- Avoid unduly raising voices.
- Use appropriate Personal Protective Equipment when deemed necessary.

Although easing of social distancing restrictions have taken place, members that are clinically vulnerable must assess the risk that they may be exposed to before considering participating in club organised events.

Clinically vulnerable people who are at higher risk of severe illness (For eg, people with pre-existing conditions) are advised to take extra care in observing social distancing and should NOT be participating at this time.

#### Risk Assessments:

The club is duty bound to produce Risk Assessments for any event that it organises.

In addition, clear policies and procedures have been produced for specific roles, identifying how the club will operate under the COVID-19 restrictions. These documents will be reviewed weekly and members will be advised of any resultant amendments that occur as a result of; changes to Government guidance, lessons learnt and examples of best practice elsewhere.

Please ensure that you are familiar with the COVID-19 revised Risk Assessments, procedures & policies (available on the LSC website) and how they affect you.

#### Collection of Data:

The club will be responsible for the collection and sharing (if required) of member's personal data. The collection of data will comply with current GDPR laws and will be retained for a maximum of 21 days before being destroyed in a regulated manner.

#### Pre Event Notification:

Participants and Support Teams will be briefed via an online portal in advance of the race start.

Particular attention should be given to the 'Race Schedule' and the timings contained therein.

LSC members who are not participating in, or helping with, the event, are asked not to attend the seafront and will not be permitted to enter the restricted area.